

Arizona

Board of Behavioral
Health Examiners

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NEWSLETTER

Staff Spotlight



Chrystal Mackesy
Program Project
Specialist

My name is Chrystal Mackesy and I am the Program Project Specialist. I have been with the Board since 2019. Change is always necessary to improve everyone involved, regardless of how difficult it may be. I feel the Board has worked hard to embrace all the changes to improve customer service by switching to an e-licensing process, adding a quarterly newsletter, Facebook page, cheat sheets, and continuing to provide helpful information. We have received a lot of feedback from the public and licensees that they are surprised they are able to speak with a live person. It motivates me to be able to help anyone who needs assistance to the best of my ability, whether that be licensees, applicants, the public, or my co-workers. I get to work with such an amazing team and we all work together to ensure the safety and protection of the public and licensees

FIND US ON FACEBOOK

FOR BOARD UPDATES, REMINDERS & FUN FACTS

CHEAT SHEETS

The Board has created cheat sheet guides based on Board rule. Check out our homepage for more information.



Supervision Logs

The Board has created supervision logs for tracking hours. This is only a tool and is not required.





A WORD FROM OUR BOARD

Diane Palacios
LPC, LISAC



Hello! My name is Diane Palacios and I am a Licensed Professional Counselor and Licensed Independent Substance Abuse Counselor as well as am Certified in EMDR and Perinatal Mental Health. I've been a board member for two years. I had always been interested in becoming a board member, but thought that it would happen after I retire, not in the middle of my life and in the thick of parenting, but I have so much appreciated all of the knowledge and experience that other board members bring. Being on the Board is a continuous learning opportunity, each board meeting or in preparation for board meetings, I learn something new and am able to share with supervisees and integrate new knowledge into my practice. I appreciate our board staff for all of the work that they do to support licensees and the community. I have learned a lot from our current board members and how they navigate compassion for people as well as also holding the serious responsibility of protecting the public in a regulator role. One of the things that motivates me as a professional member of the board is to continue to support, grow, and develop clinicians as well as to encourage licensees to attend board meetings and to contact the board staff when they have questions.



Scope of Practice is not
the same as scope of
competency.

Always remain within
your professional
education, training or
experience.

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